

CHURCH MINISTER & DIRECTORY OF MEDIUMS

Reverend Ella Groves

Donna Kiss, Mary Jane Kapteyn, Louise Gebhart

Private Readings - Call 403-283-1102

HEADS UP FOR MAY

- **Introduction to Mediumship** with Donna Kiss—*Weekend Intensive* for those interested in mediumship—Fri. May 1st, 7—9 pm; Sat. May 2nd, 10 am—4 pm; Sun. May 3rd, 10 am—4 pm
- **Orientation Course in Modern Spiritualism** with Rev Ella Groves—*One-Day Course* to explore all aspects of Spiritualism and prerequisite for membership—Sat. May 9th, 10 am—3:30 pm
- **Mediumship & Music—Talking & Singing with Heaven** with Rosemary Phillips—concert combining music with mediumship—Sat. May 23rd, 6:30—9:30 pm
- **Spring Psychic Tea—Fun & Fund Raiser**—delicious luncheon, mini-readings with church mediums, raffle tickets, etc.—Sat May 30th 1—4 pm

WINTER SOCIAL—A RECIPE FOR SUCCESS

On February 28 CFSC hosted its annual winter FUNraiser: **Music, Messages and Munchies!** Beginning with a potluck supper, which involved a huge number of people devouring a huge variety of scrumptious foods, the evening continued with platform and private readings for many, followed by lively karaoke singing. Not only was the church filled to capacity, each person was filled to capacity as munching of delectable desserts continued throughout the evening. With ballooning waistlines space was indeed at a premium! The church extends a big thank you to all who came and who generously provided food items, bought 50/50 and raffle tickets, and sang with gusto! Special thanks go to our 'Amazing Graces', Mary Grace, Grace, Shannon and Shelly, for decorating the sanctuary and emceeing throughout the evening. Thanks go as well to Louise Gebhart and Susan Gormley for serving as platform mediums, and to Rev. Ella Groves, Jane Fleming, Sharon MacPherson, Vreny Zumbuhl and William Pelech for doing individual readings. We also wish to thank the following angels who generously gave of their time and energy to do specific tasks:

- Tom Groves for setting up,
- Shannon Dobos, Hedda Zahner and others for overseeing the supper tables and for cleaning up after supper,
- Mary Grace Nelson for leading the karaoke singing,
- Shelly Innes and Carolyn Johnson for selling 50/50 and raffle tickets, and collecting donations,
- The many people who stayed to clean up, and to Ron, in particular, for doing the job that really sucks: vacuuming the entire sanctuary! Thanks also to Curt, closer to the heavens than most, for removing all the ceiling decorations!

To all those angels mentioned above and to all those angels we may have missed in our thank you's, once again we say, in the words of songwriter, Jim Munro, "Your set of wings is awaitin' for you...!"
—Marlene Harris

LEGACY DONATION If you've found the church has been good to you, giving you support and opportunities to grow, heal and develop, here's a suggestion. Think about how you could give back to the church through a legacy donation when you are updating or making out your will.

CALGARY FIRST SPIRITUALIST CHURCH APRIL 2009 NEWSLETTER



WEEKLY CHURCH SERVICES

SUNDAY	7:30 pm	SUNDAY EVENING SERVICE	
April 5	Speaker:	Karen Barker	
	Topic:	<i>Trusting One's Heart in the Unique Journey with Spirit</i>	
	Medium:	Louise Gebhart	
April 12	Speaker:	Rev. Ella Groves	
	Topic:	<i>White Eagle Speaks About Jesus</i>	
	Medium:	Susan Gormley	
April 19	Speaker:	Greg Deabler	
	Topic:	<i>This is a Course in Miracles—Please Take Notes</i>	
	Medium:	Mary Jane Kapteyn	
April 26	Speaker & Medium:	Rosa Trakostanec	
	Topic:	<i>The Law of Attraction</i>	

WEDNESDAY 6:30 – 7:15 pm HEALING SERVICE
Enjoy an opportunity to receive Spiritual Healing with the church healers.

WEDNESDAY	7:30 pm	ALL MESSAGE SERVICE	
April 1	Mediums:	Donna Kiss, Willam Pelech & Vreny Zumbuhl	
April 8	Mediums:	Louise Gebhart & Susan Gormley	
April 15	Mediums:	Mary Jane Kapteyn & Elsie Pytel	
April 22	Medium:	Rosa Trakostanec	
April 29	Mediums:	Rev. Ella Groves & Jane Fleming	

NOTE: Due to personal circumstances, program arrangements may be subject to change.

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Email: info@calgaryfirstspiritualistchurch.ca

Feedback & Comments: comments@calgaryfirstspiritualistchurch.ca

Website: www.calgaryfirstspiritualistchurch.ca

ONGOING GROUP MEETINGS

SUNDAY	5:00 – 6:30 PM	YOUNG PEOPLE'S SPIRITUAL GROUP Next session May 24 – Facilitator: Mary Grace Nelson
MONDAY	7:30 PM	A.S.H.A. HEALING Closed Easter Monday April 13 Open every Monday except holidays—Donations Welcome
TUESDAY	7:00 PM	A COURSE IN MIRACLES Drop-in Discussion Group – Facilitator: Greg Deabler – Contribution \$5
FRIDAY	7:30 – 9:00 PM	EVENING MEDITATION GROUP Closed Good Friday April 10 Facilitator: Rev Ella Groves– Voluntary Contribution \$5
SATURDAY	9:45 AM	ADVANCED ENERGY HEALING April 4 & 18—Enter <u>East Door</u> —Donations Welcome

SPECIAL EVENTS FOR APRIL

BODY SOUL & SPIRIT EXPO

Friday to Sunday
April 17 - 19
Stampede Park
CFSC Booth #41

Please Visit the Church
Booth for a Mini-Reading
\$20

LAW OF ATTRACTION

Workshop

With

Rosa Trakostanec

Saturday, April 26
1 to 5 pm

To Register:
Phone 403-283-1102 or Email
info@calgaryfirstspiritualistchurch.ca
All Welcome

DONATIONS TO THE CHURCH FOOD BANK ARE APPRECIATED

LAW OF ATTRACTION WORKSHOP

Medium, shaman, medicine woman and master healer, **Rosa Trakostanec**, will once again visit CFSC to present a workshop. It is titled *The Law of Attraction* and will be held on **Saturday, April 25, 2009** from **1 to 5 pm**. Rosa, also known as White Elk, has been a therapeutic spirit medium for 25 years serving First Nations People. Her sessions combine a western/contemporary outlook with traditional First Nations' viewpoints and teachings.

In this workshop, Rosa will help participants learn how to use the gift of personal energy to attract positive outcomes into their own lives and the lives of those around them. Even if negative feelings are sub-conscious, it is important to be consciously aware of them, and not to provoke through any negative thoughts or behaviors, a potential for negative outcomes instead of positive ones. She asks us to remember that everything is 'Energy' and to 'Affirm & Co-Create' by conscious choice. Come and learn how to use the Law of Attraction to enhance your life.

The cost is \$45 for members and \$50 for non-members. To register, phone 283-1102 or email info@calgaryfirstspiritualistchurch.ca. Pick up a poster for details. Rosa is available by appointment to do individual or group readings while in Calgary. You can contact Rosa through Blanche Rutherford at 403-255-4421 or blancheru@shaw.ca. She will also serve as the Platform Medium for the **Wednesday All Message Service, April 22** and the **Sunday Evening Service, April 26**, at **7:30 pm**. You are welcome to visit Rosa in Booth #20 at the *Body Soul & Spirit Expo!*

BODY SOUL & SPIRIT EXPO

The *Body Soul & Spirit Expo* will be held in Calgary from **Friday to Sunday, April 17, 18 and 19, 2009** at the *Big Four Building, Stampede Park*. Expo is committed to bringing some of the most notable speakers, authors, healers and teachers to Calgary for this weekend event. CFSC is excited once again to be hosting a booth (#41). We will have the opportunity to publicize the church, hand out information, talk to the public and to present our senior mediums and spokespersons from the stage. We will offer mini-readings to the public at the booth as well. The church encourages everyone to visit the Expo and drop by the CFSC booth.

BOARD UPDATE

The CFSC holds monthly board meetings on the second Wednesday of each month. These meetings can be attended by church and associate members. One of the first items of business at the March 8th meeting was to fill the executive and committee chair positions. The executive for 2009 will be Tom Groves, President, William Pelech, Vice-president, Tom Groves, Treasurer and Sharon Macpherson, Secretary. The Directors will be Greg Deabler, Rev. Ella Groves, Marlene Harris, Delmar Hunter, Mary Grace Nelson and Laura O'Connor. Questions and concerns can be directed to the chairperson of the following church committees:

Board Committees & Chairs

Advertising & Publicity: Mary Grace Nelson	Mediumship Development: William Pelech
Advanced Energy Healing: Marlene Harris	Membership: Marlene Harris
Building & Maintenance: Delmar Hunter	Ministerial Education: Rev. Ella Groves
Finance: Tom Groves	Music: Laura O'Connor
Healing: Laura O'Connor	Outreach: Rev. Ella Groves
Library & Archives: Marlene Harris	Youth Group: Mary Grace Nelson
Program: Tom Groves	